



Plymouth, MA

April 1 - December 31, 2026

10 and 5km Walks in the Footsteps of the Pilgrims

START/FINISH:

CVS

330 Court Street (Rt. 3A)

Plymouth, MA 02360

Tel: 508-732-0219

PSB: Daily: 8 a.m. to 9 p.m.

Walk only in daylight.

OSB: Daily sunrise to sunset.

Complete event within 30 days of
initiating online registration.



REGISTER ONLINE: my.ava.org

PSB: Ask for Walk Box at store counter. Return completed start cards and fee payments via postal mail using envelopes provided. After registering, both routes require short drive to walk start points.

OSB: Packet directions bring you to respective walk start points.

FACILITIES: Restrooms available at 10 Cordage Park, near 5km trailhead beside Town Hall, and near Town Wharf (on both 5km and 10km routes).

TRAIL DESCRIPTIONS: Historic sites abound on this walk! The Forefathers' Monument, Burial Hill, Jenney Grist Mill, and Brewster Gardens are visited enroute to Plymouth Harbor where Plymouth Rock and Mayflower II, a reproduction of the ship that crossed the Atlantic with the Pilgrims aboard, are located. Additional attractions include the Plymouth Bay Winery and multiple museums featuring the Pilgrims' life, as well as expansive vistas of Plymouth Harbor.

The 5km walk route starts in downtown Plymouth and encompasses the historic sites and Plymouth Harbor.

RATING: With some stairs and short hills, both walk routes have an AVA rating of 2B and are **not suitable for either wheelchairs or strollers**.

AVA SPECIAL PROGRAMS:
Anniversaries Hurrah, Grain Elevators, Lighthouses, and Walking with America's Veterans

AWARD: The "A" award, available for \$4.00, is a fully embroidered patch celebrating the Mayflower's quadricentennial in 2020 and includes the ship's namesake emblem.



DIRECTIONS:

From the North:

1. Take I-95/Rt. 128 South to I-93 North to Route 3 South.
2. From Route 3, take Exit 18 (Route 3A) toward Kingston/N. Plymouth.
3. **LEFT** onto 3A South/Main Street which becomes Court Street.
4. CVS on **RIGHT** (before Cherry Street light).

From the West:

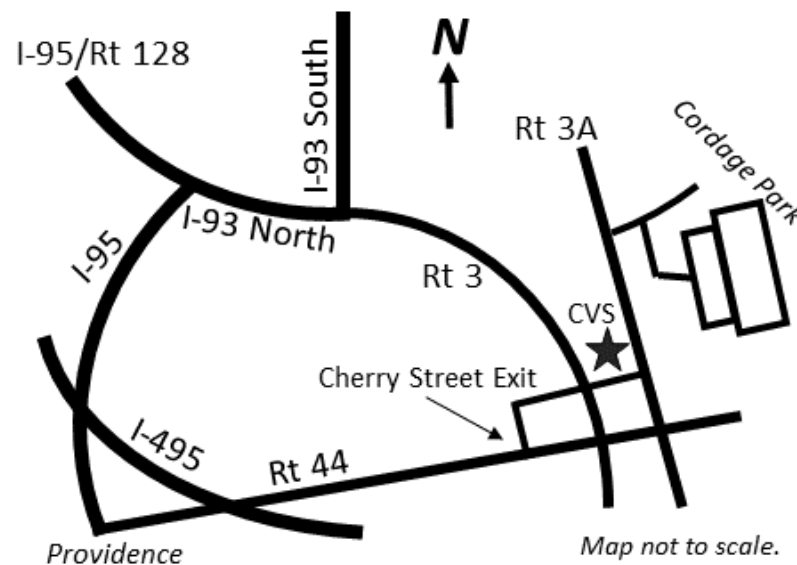
1. Take I-495 South to Route 44 East.
2. Continue from ** below.

From Providence:

1. Take Route 44 East.
2. Continue from ** below.

**From Route 44 East:

1. Take exit for MA-80/Cherry St./N. Plymouth.
2. **LEFT** at top of ramp to end at Nicks Rock Road.
3. **RIGHT** on Nicks Rock Road, which becomes Cherry Street, to end.
4. CVS on **LEFT**.



POC: John Christiansen
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