

ACKNOWLEDGEMENTS: Thank you to Alida Castillo and the City of Cambridge. Kudos to all the club members and volunteers who helped make this event a reality. Photos used in this brochure courtesy of Carol Giesecke. Cover image is a statue of John Harvard on the Harvard campus.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms at Start/Finish and limited along the route.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and Checkpoint. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

Carol Giesecke
302-399-6334
carolclay101@gmail.com

DIRECTIONS:

From points West - Option 1:

1. Route 20 East to Soldier's Field Road to Cambridge Central Square exit.
2. **LEFT** on River Street and **RIGHT** on Memorial Drive to parking lot.

From points West - Option 2:

1. I-90 East to Exit 131 Cambridge/River Street.
2. *From middle lane, slight **RIGHT** on Cambridge Street then **RIGHT** on Memorial Drive to parking lot.

From points South - Option 1:

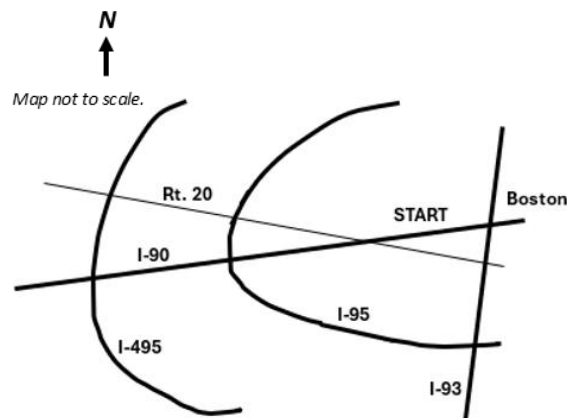
1. I-495 to I-95 North to I-90 West to Exit 131 for Cambridge/River Street.
2. Follow from * above.

From points South - Option 2:

1. Route 3 North to I-93 North to I-95 North to I-90 West to Exit 131 for Cambridge/River Street.
2. Follow from * above.

PARKING: In parking lot at Micro Center/Trader Joe's. Street parking is also free on Sundays.

TRANSIT: Take MBTA Red Line to Central Square and then walk down Magazine Street for 1km.



More information on walk events
and Walk 'n Mass Volkssport Club at:

www.walknmass.org

Cambridge

Massachusetts

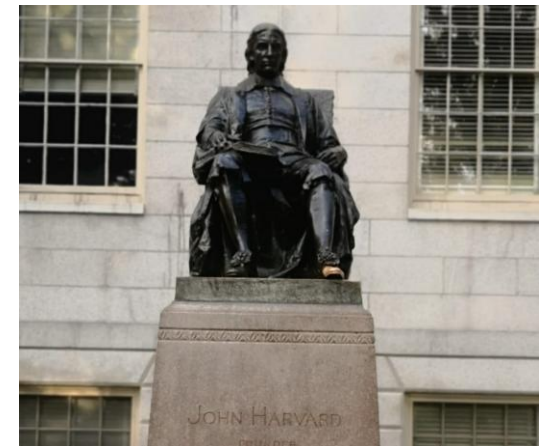
6km & 10km Walk Routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs:
A-MAZE-ing Labyrinths, Anniversaries Hurrah,
Walking With America's Veterans

Credit Only Event



Sunday, November 8, 2026

Start: 8:30 to 11:30 a.m.



Event Number: NE 26/132650



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 6km (3.7 miles) or 10km (6.2 miles) routes in Cambridge, MA.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this map-guided walk

with written directions is accomplished at your own pace along a 6km (3.7 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply, however pets are not permitted inside start area.

START/FINISH:

Micro Center/Trader Joe's parking lot
730 Memorial Drive,
Cambridge, MA 02139

REGISTRATION/START TIMES:

Sunday, November 8, 2026

Register & begin walking between 8:30-11:30 a.m.

FINISH TIME: by 2:30 p.m.

PARTICIPATION FEES: Participation fee is \$4.00 per person. Ask us about the IVV achievement program!

REGISTRATION PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

AWARD: No award though IVV Credit is offered.

For those new to volksmarching, the IVV achievement program is an international system for tracking your walk (and other IVV sports) events as well as distances, and there are established milestones to recognize your achievements. Get an AVA New Walker packet at a great value at this event.

BRIEF HISTORY: Around 1630, English colonists secured a deed from the female chief of the Massachusett tribe, who was living near the confluence of Alewife Brook and the Mystic River. In 1640 the General Court ordered that she be paid about £23 for the land now occupied by Cambridge and Watertown and given a coat every winter during her lifetime. Newtowne, as Cambridge was called until 1638, was laid out in an orderly grid of streets. Harvard College, one of the first colleges in America, was founded in 1636.

By the time of the American Revolution, Cambridge was a quiet New England farming village clustered near the Common and the College.

Today, Cambridge is home to a culturally diverse population of over 100,000. Students from around the world study at Harvard University, the Massachusetts Institute of Technology (MIT), and Lesley University. The heavy industries of the nineteenth and early twentieth centuries have been replaced by technology-based enterprises, including software and biotechnology research.

TRAIL DESCRIPTIONS: Walk route goes through Cambridge with historic homes, Harvard University campus, and along the Charles River on the Paul Dudley White Path.

The 10km route consists of a 6km route plus two loops that branch off. All walkers begin by crossing Memorial Drive and entering the Paul Dudley White Path along the Charles River. After about 2km, the 10km distance crosses the pedestrian/bicycle-only Weeks Bridge over the Charles River to several interesting art and building sights on the Harvard Business School campus before rejoining the 6km walkers and entering the original Harvard campus. Sights along the route include Harvard Square, Cambridge Commons, and a labyrinth near Harvard Divinity School. The route then follows campus paths and streets past several Harvard museums (free to Massachusetts residents and open on Sundays; restrooms available), passing stately, historic homes, and many restaurants before arriving at the finish.

The walks are mostly flat and on paved surfaces for an AVA rating of 1A, although there are stairs on the 10km route. The trail would be doable for strollers, but might be difficult for wheelchairs.



Harvard Lampoon Castle [1909] from two different perspectives

