

Providence, RI

January 1 - December 31, 2025

11 and 5km Capital City Walks

START/FINISH:

Roger Williams National Memorial Visitor Center 282 North Main Street Providence, RI 02903 Tel: 401-521-7266

www.nps.gov/rowi/index.htm

REGISTER ONLINE: my.ava.org

PSB: Wed-Sat 10 a.m. to 4 p.m. Closed New Year's Day, Thanksgiving, & Christmas.

OSB: Daily sunrise to sunset. Complete event within 30 days of initiating online registration.





TRAIL DESCRIPTIONS: Explore Providence's 375+ years of vibrant history through carefully restored neighborhoods, a revitalized downtown, and treelined cobblestone walkways.

The 11km route is comprised of both loops as described below.

The 6km **College Hill Loop** travels down Benefit Street, a "mile of history" with an impressive concentration of original, privately owned colonial homes; Brown University, the 7th oldest Ivy League University in the nation; and Prospect Terrace, a photographer's delight with a breathtaking panorama of the city and countryside beyond.

The 5km **Historic Downtown Loop** explores Providence's architecture and passes by many buildings listed on the National Register of Historic Places, including the Arcade, the oldest indoor mall in the country, the old Custom House, Grace Episcopal Church, and Providence City Hall. It also visits the Roger Williams National Memorial, the site of the original Providence settlement in 1636; Waterplace Park, a 4-acre urban park surrounding a tidal basin featuring landscaped terraces and walkways; Providence Performing Arts Center (PPAC); and the Rhode Island State House,

considered one of the most beautiful capitols in America.

AWARD: The "A" award, available for \$4.00, is a fully embroidered patch depicting the Rhode Island State House as it sits above the city. To purchase an award when using OSB, please send a SASE with check payable to Walk 'n Mass for \$4.00 to Ann Plichta (address in OSB packet or at right).



RATING: With some cobblestone walkways, short hills and stairs, the AVA rating of both walk routes is 2B, **difficult for strollers and not suitable for wheelchairs**.

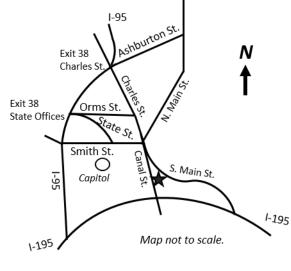
AVA SPECIAL PROGRAMS: Par for the Course, Step to the Beat, State Capital, Town Halls/City Halls, Walking with America's Veterans, and Washington-Rochambeau National Historic Trail

DIRECTIONS: The Roger Williams National Memorial Visitor Center is located at 282 North Main St. at the corners of North Main, Smith, and Canal Streets.

PARKING: on Canal Street. For NPS lot, get temporary parking permit from ranger inside Visitor Center to display on dashboard, allowing you extra time to complete your walk.

From the North: I-95 South to Exit 38 (Charles St.). Turn RIGHT at stop sign, then take first LEFT around onto Ashburton St. At the next light, bear RIGHT onto Charles St. which becomes Canal St. Parking lot is on the left just beyond the second traffic light.

From the South: I-95 North to Exit 38 (State Offices). At end of exit ramp, continue straight through light onto State St. At next light, turn



LEFT onto Smith St. Cross railroad bridge to next light at Canal St.; turn **RIGHT** onto Canal St. (one way). Stay to left. Parking for Start is immediately on the left.

From the East: I-195 West to Exit 1C (South Main St. becomes North Main St.). Turn **LEFT** at Smith St. for one block. Turn **LEFT** onto Canal St. Parking lot is on the left.

POC: Ann Plichta

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