



Quincy, MA

April 1 - December 31, 2025

10 and 5km Walks in the City of Presidents

START/FINISH:

Adams National Historical Park
Visitor Center (in Presidents Place Galleria)
1250 Hancock Street
Quincy, MA 02160
Tel: 617-770-1175
www.nps.gov/adam/index.htm

PSB (June to Oct): Wed-Sun
10 a.m. to 4 p.m.

OSB: Daily sunrise to sunset.
Complete event within 30 days of
initiating online registration.



**Presidents Place Parking Garage is accessed via
Saville Avenue.**

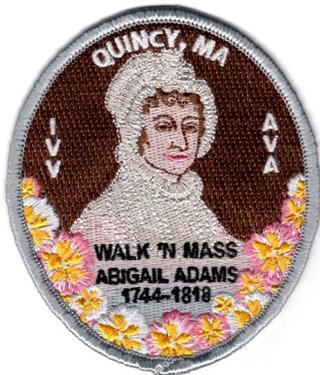
REGISTER ONLINE: my.ava.org

TRAIL DESCRIPTIONS: Quincy, known as the “City of Presidents,” was the home of the second and sixth US Presidents—John Adams and John Quincy Adams—father and son. Today, the 14-acre Adams National Historical Park preserves the Adams’ birthplaces and their extensive libraries, and commemorates their legacy in US history. Quincy is also the birthplace of John Hancock, President of the Continental Congress and first & third governor of Massachusetts.

Both routes explore Quincy’s downtown area with notable historic landmarks, including Adams National Historical Park, Dorothy Quincy Homestead, Mount Wollaston Cemetery, and United First Parish Church (the final resting place of John Adams, Abigail Adams, and John Quincy Adams). Walkers will find a special treat at the checkpoint, Ginger Betty’s Bakery. The 10km route also includes Quincy’s coastline, Thomas Crane Library, and Hancock Cemetery.

RATING: On city sidewalks and paved trails, both routes have an AVA rating of 2A, **difficult for strollers and not suitable for wheelchairs.**

AWARD: The “A” award, available for \$4.00, is a fully embroidered patch depicting Abigail Adams, one of the most influential women in the early United States. At the Adams National Historical Park, a Yorkist rose tree Abigail planted in 1788 still blooms. These roses are represented in the patch design. **To purchase an award when using OSB, please send a SASE with check payable to Walk ‘n Mass Volkssport Club for \$4.00 to Helen Tolbert (address in OSB packet or at right).**



AVA SPECIAL PROGRAMS: Par for the Course, Town Halls/City Halls, Walking with America’s Veterans, and Walking with the Wild Things

DIRECTIONS:

From the North:

1. Route 128 South to I-93 North to Rt. 3 South (Braintree/Cape Cod).
2. **Take first exit #41 (Washington St./Quincy Ctr.) off Route 3.
3. ***After exiting, bear **LEFT** on Burgin Parkway for 1.8 miles (7 traffic lights).
4. **RIGHT** onto Dimmock Street.
5. **RIGHT** at next intersection onto Hancock Street.
6. **LEFT** onto Saville Ave. to Presidents Place Parking Garage.

From the West:

1. I-90 East (Mass Pike) to Route 128/I-95 South to I-93 North to 3 South.
2. Follow from ** above.

From Boston:

1. I-93 South to Exit 7—Route 3 South (left lane exit).
2. Follow from ** above.

From the South:

1. Route 3 North to Exit 42 (Quincy Ctr/Burgin Pkwy).
2. Follow from *** above.

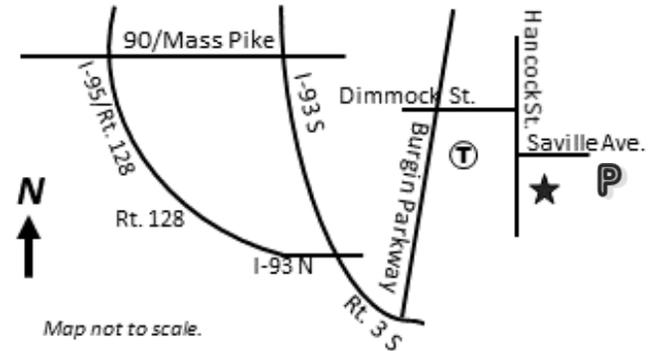
From the Presidents Place Parking Garage:

1. Enter the elevator. Press L. Exit into the Galleria.
2. Turn **RIGHT**. The Visitor Center is at the end of the hallway on the left.

Free parking after ticket is validated at the Visitor Center service desk.

Public Transportation (MBTA):

1. Red Line to Quincy Center “T” station.
2. Top of stairs, turn **LEFT**, and depart the station via Hancock St. exit.
3. Walk through bus pick-up/drop-off area onto Hancock Street.
4. Visitor Center located across the street in the Presidents Place Galleria.



POC: Helen Tolbert
80 Pinehurst Ave. Tel: 508-574-2807
Brockton, MA 02302 HTolbert2@comcast.net