

**ACKNOWLEDGEMENTS:** We thank the Woodville Rod & Gun Club and appreciate the assistance of Kim Clark in coordinating the Start/Finish location. Photos courtesy of Beate Hait & Bev Lange. Thanks also to Chris Lipson and her intrepid team of assistants for organizing the Club Picnic, and to the participants who helped staff posts, brought food to share and/or walked the route!

**SANCTION & IVV CREDIT:** This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

**DISCLAIMER:** The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

**FACILITIES:** Restrooms are located at the Start/Finish.

**REFRESHMENTS:** Water and hard candy are provided at the Start/Finish and checkpoints. You may carry refreshments, but please do not litter.

**CONDITIONS:** This event will be held regardless of weather conditions. There are no refunds for any reason.



**Fun, Fitness, Friendship**

**ADDITIONAL INFORMATION:**

Bev Lange	Beate Hait
C: 774-279-0740	C: 774-292-9098
H: 508-881-4811	H: 508-429-3564
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**DIRECTIONS:**

Woodville Rod & Gun Club is located about 2.5 miles west of the center of Hopkinton.

**From I-495 North or South:**

1. Exit 21A (Main Street Hopkinton).
2. Go approximately 1/8 mile to first traffic light and turn **LEFT** on Lumber Street.
3. **Immediate RIGHT** onto Elm Street and follow to end (about 1/4 mile), where it T's into Wood Street (Rt. 135).
4. **LEFT** onto Wood St. – Woodville Rod & Gun Club is approximately 1.8 miles on the right.

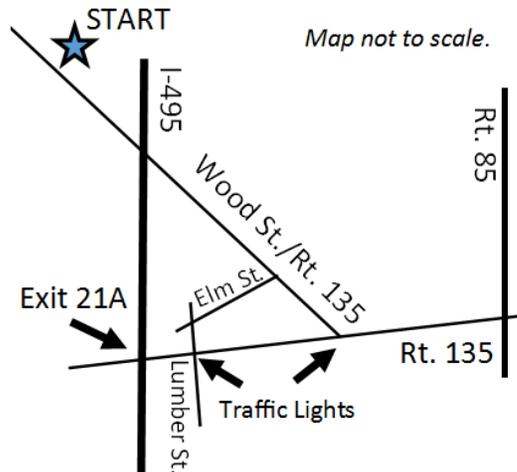
**From Rt. 9 westbound:**

1. Follow to Rt. 85 exit in Southborough.
2. Rt. 85 South for approx. 5 miles to Rt. 135 intersection in Hopkinton center.
3. **RIGHT** onto Rt. 135.
4. \*\* At first traffic light (just past Hopkinton Lumber), **BEAR RIGHT** to stay on Rt. 135, toward Westborough. Woodville Rod & Gun Club is 2 miles down on the right.

**From Rt. 135 westbound:**

1. From points east of Hopkinton, follow Rt. 135 to town center and continue on Rt. 135 through intersection of Rts. 135 and 85.
2. Continue from \*\* above.

**PARKING:** In grass parking area in front of the building.



# Woodville

Massachusetts

## Walk followed by Club Picnic

5km and 10km routes



sponsored by  
Walk 'n Mass Volkssport Club  
[www.walknmass.org](http://www.walknmass.org)

AVA Special Programs: United States Post Offices

### Credit Only Event



**Saturday, July 27, 2019**

10km Start: 2:00-2:45 p.m.

5km Start: 3:00-3:45 p.m.

AVA: America's Walking Club

**SANCTIONED EVENT**

Eligible for credit toward IVV Achievement Awards

**Event Number: NE 19/113868**



**WELCOME!** The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Woodville, MA. After walking, please stay for the annual Club Picnic provided by, and for, the walk participants. The picnic will begin at 5:00 p.m.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply, however pets are not permitted inside the start/finish building.

**START/FINISH:**

Woodville Rod & Gun Club  
252 Wood Street  
Woodville, MA 01784

**REGISTRATION/START TIMES:**

Saturday, July 27, 2019

**10km walkers:** 2:00-2:45 p.m.

**5km walkers:** 3:00-3:45 p.m.

**FINISH TIME:** by 5:00 p.m.

*The walk times are staggered so that walkers will finish shortly before 5 p.m. when food is served. If you do not wish to stay for the picnic, you are nonetheless invited to join the walk event and start anytime between 2:00 and 3:45 p.m.*

**REGISTRATION AND FEES:** This event is **FREE** to those who wish to participate without receiving IVV Credit. Registration for IVV Credit is \$3.00. (Ask us about this achievement program!)

**PROCEDURE:** Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

**AWARD:** This is a credit only event.

**TRAIL DESCRIPTIONS:** Our walks start at the Woodville Rod & Gun Club, which was founded in 1927 and is located in a former schoolhouse. *Please note the Woodville Rod & Gun Club is an active club with a shooting range; therefore, there may be some background noise from the range.* The 10km trail is made up of two separate loops. The 5km route, and first loop of the 10km trail, takes walkers into the historic village center, passing a small fire station and quaint post office before heading out for a lovely walk alongside Lake Whitehall. The route continues through some smaller neighborhoods before returning to the Rod & Gun Club.

The second loop of the 10km trail retraces a portion of the earlier 5km route and then continues through the woods along a narrow trail with magnificent views of Lake Whitehall. Upon exiting the wooded trail, walkers enter the boat landing at Whitehall State Park.

The 5km route is mostly on paved roadways with some inclines. A majority of the route is on minimally traveled country roads, some without sidewalks. The 5km is rated 2A due to some moderate hills and would be difficult for baby strollers. The 10km is rated 2C due to the portion that traverses through the woods on natural surfaces with roots and rocks and is not suitable for baby strollers. Neither trail is suitable for wheelchairs.

**CLUB PICNIC at 5:00 p.m.**

Following the walk, please join in the festive picnic and share in delicious foods prepared by fellow walk participants. All are welcome!

If you would like to add to the tasty offerings, please bring a main course, salad, or dessert to share. Contact Chris Lipson at 781-275-0464 or [c2lipson@msn.com](mailto:c2lipson@msn.com) to inform her of your contribution.

Paper products and water will be provided. Other beverages may be purchased inside at the bar.



**BRIEF HISTORY:** Woodville is a village of Hopkinton that was incorporated in 1715. The Woodville area was once a cotton clothmaking center and the site of a major shoe factory. When Boston seized Lake Whitehall (pictured above) for its water supply in 1894, the factories along its shores were closed or moved to other sites. Remaining factories and other buildings were destroyed in a fire in 1909. In the 18th century, it was an agricultural area with farms scattered north of what was then a much smaller Lake Whitehall and its accompanying cedar swamp. It was believed that the waters flowing from the large swamp south of Pond Street, under Pond Street and into Lake Whitehall contained magical healing powers. For nearly four decades in the early 1800s, the Hopkinton Springs lured visitors from all over the country and beyond. Presidents, senators, millionaire businessmen, high-society types — they all came to bathe in or drink from its trio of mineral springs known for their mystical healing waters.

The Commonwealth of Massachusetts created Whitehall State Park (also known as Lake Whitehall and Whitehall Reservoir) by taking the land to create a new public reservoir. For many years, Lake Whitehall served as a drinking water supply managed by the former Metropolitan District Commission (MDC). The 920-acre Whitehall State Park surrounds and includes 575-acre Lake Whitehall.

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**More information on walk events  
and Walk 'n Mass Volkssport Club at:**

[www.walknmass.org](http://www.walknmass.org)

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