

ACKNOWLEDGEMENTS: We appreciate the assistance of Gretchen Carr in coordinating the start location and Kelly Grill at Hopkinton Center for the Arts (hopartscenter.org) for assisting as a checkpoint location. Photo of Barbara Kimball courtesy of Beate Hait. Thanks also to the walk participants who helped staff posts, brought food to share, and/or walked the route!

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish, Hopkinton Library, and also the Checkpoint at Hopkinton Center for the Arts.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and Checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

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DIRECTIONS:

From I-495:

1. Take Exit 54A (Main Street Hopkinton).
2. Go approximately 1/8th mile to first stoplight and turn **LEFT**.
3. Take immediate **RIGHT** (onto Elm Street) and follow to end (about 1/4 mile), where it T's into Wood Street (Rt 135).
4. **LEFT** onto Wood St, St. Paul's is 1/8th mile on the left.

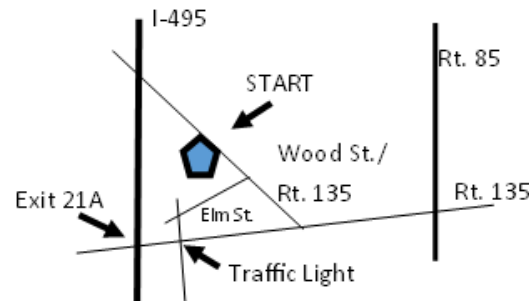
From Route 9 westbound:

1. Follow Rt. 9 to Rt. 85 exit in Southboro.
2. Take Rt. 85 south approximately 5 miles to intersection with Rt. 135 in the center of Hopkinton.
3. ***RIGHT** onto Rt. 135.
4. At first stoplight (just past Hopkinton Lumber), bear **RIGHT** (still Rt. 135) headed toward Westborough.
5. St. Paul's is 1/2 mile down on the left.

From Rt. 135 westbound:

1. St. Paul's is located about a mile west of Hopkinton center (intersection Rt. 135 & Rt. 85).
2. Follow from * above.

PARKING: In church lot.



Map not to scale

**More information on walk events
and Walk 'n Mass Volkssport Club at:**

www.walknmass.org

Hopkinton

Massachusetts

Walk followed by Soup Social

5km and 10km routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs:

A-MAZE-ing Labyrinths, Par-For-The-Course, Rails to
Trails, Step to the Beat, Town Halls/City Halls,
Walking with America's Veterans

Barbara Kimball Memorial Event & part of National Walking Week



Saturday, April 6, 2024

10km Start: 9:00-10:00 a.m.

5km Start: 10:15-11:00 a.m.



Event Number: NE 24/126681



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Hopkinton, MA. After walking, please stay for the Soup Social provided by, and for, the walk participants. The soup social will begin at noon.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply, however pets are not permitted inside the dining hall.

START/FINISH:

St. Paul's Episcopal Church
61 Wood Street
Hopkinton, MA 01748

REGISTRATION/START TIMES:

Saturday, April 6, 2024

10km walkers: 9:00-10:00 a.m.

5km walkers: 10:15-11:00 a.m.

FINISH TIME: by noon.

The walk times are staggered so that walkers will finish shortly prior to noon when the soups are served. If you do not wish to stay for soup, you are nonetheless invited to join the walk event and start anytime between 9:00 and 11:00 a.m.

PARTICIPATION FEES: Participation fee is \$4.00 per person. Ask us about the IVV achievement program!

REGISTRATION PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

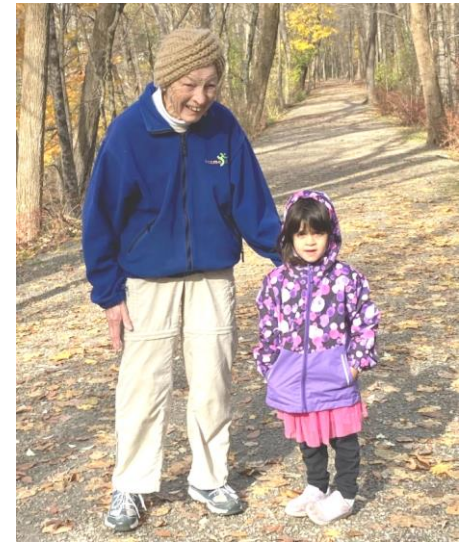


AWARD: No award though IVV Credit is offered.

REMEMBERING BARBARA KIMBALL

As we walk in Barbara's hometown of Hopkinton, we remember this 20+ year member of Walk 'n Mass who died at the age of 94 on April 22, 2022.

In addition to participating in many volkswalks, Barbara was always willing to staff various stations and greeted fellow walkers with an ever-present smile. At right, Barbara with a young walker on the Hopkinton Center Trail on November 14, 2021.



TRAIL DESCRIPTIONS: Hopkinton is located 26 miles west of Boston and was incorporated as a town in 1715. The town takes pride in its role as the starting point for the Boston Marathon.

Two 5km loops comprise the 10km distance. Those choosing to walk a total of 5km may walk either loop. Be sure to take a look at the labyrinth located to the left of the church. Walking it is optional.

Downtown Loop: Leaves St. Paul's and heads east along Main Street, passing the library, many small shops, the marathon starting line, and through the Town Common (checkpoint) before continuing through residential neighborhoods, passing Barbara Kimball's house, and back to St. Paul's.

Center Trail Loop: Leaves St. Paul's to the wide, flat, wooded, 1.5-km Center Trail, the Hopkinton School complex, which serves as the athlete's village for the Boston Marathon, and Hopkinton Center for the Arts (checkpoint) before going through residential neighborhoods back to St. Paul's.

The walk routes are mostly on paved surfaces with a few slight inclines and have an AVA rating of 2A. They would be marginally difficult for baby strollers but unsuitable for wheelchairs.

Soup Social

With soup being served at noon.

you are invited to join fellow walkers for this social gathering that kicks off the Walk 'n Mass walking season. If you would like to contribute an appetizer, soup, bread, or dessert, please notify Mary Frink at mfwalks2010@verizon.net or 617-387-1577 to indicate what you are planning to bring.

Note that it is not necessary to come with anything other than your smiling face, an appetite, and perhaps your favorite soup bowl and spoon. Beverages and paper goods will be provided.

