

ACKNOWLEDGEMENTS: We thank the Walker's Pub for use as our Start/Finish host location. Cover photo of Blackstone River & interior Blackstone Gorge sign courtesy of Doug Kerr via Flickr; other Gorge photo courtesy of Dawn Harlow. Much appreciation to all our walk volunteers, who devoted their time and talent to make this event a reality.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish and along the trail.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



Fun, Fitness, Friendship

ADDITIONAL INFORMATION:

Dawn Harlow 978-804-3404
dawnvt@yahoo.com

DIRECTIONS:

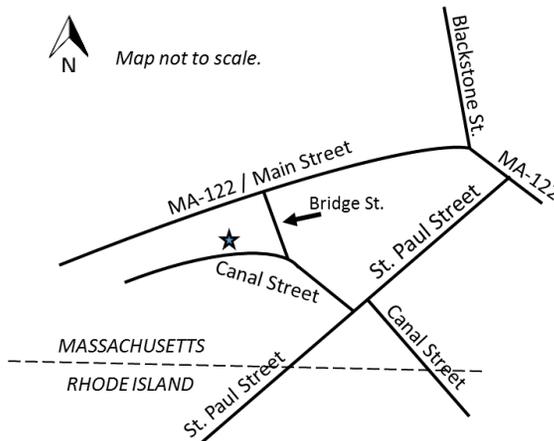
From Route 495 North or South:

1. Take Exit 18 for MA-126 in Medway/Bellingham.
2. **LEFT** on MA-126 S/Hartford Avenue for about 0.2 miles.
3. Continue **STRAIGHT** on Hartford Avenue for about 3.4 miles.
4. **LEFT** on Cemetery Street.
5. **LEFT** on Providence Street and continue as it becomes Blackstone Street.
6. Slight **RIGHT** to stay on Blackstone Street.
7. **LEFT** on MA-122 South and quick **RIGHT** on St. Paul Street.
8. **RIGHT** on Canal Street.
9. **LEFT** to stay on Canal Street to Walker's Pub on right.

From RI-146 North:

1. Exit toward Forestdale/RI-5/RI-102/Slatersville.
2. Merge onto School Street and **RIGHT** on RI-146A South.
3. **LEFT** on St. Paul Street.
4. **LEFT** on Canal Street.
5. **LEFT** to stay on Canal Street to Walker's Pub on right.

PARKING: in Walker's Pub parking lot using spaces away from building.



Blackstone Massachusetts

5km and 10km Walk Routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs:
Border Crossings, Bridges Spanning the USA,
Ice Cream Parlors, United States Post Offices

Credit Only Event



Saturday, June 29, 2019

Start: 9:30 a.m. – 12:30 p.m.



Event Number: NE 19/113853



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes exploring Blackstone, MA.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply.

START/FINISH:

Walker's Pub
88 Canal Street
Blackstone, MA 01504

START TIME:

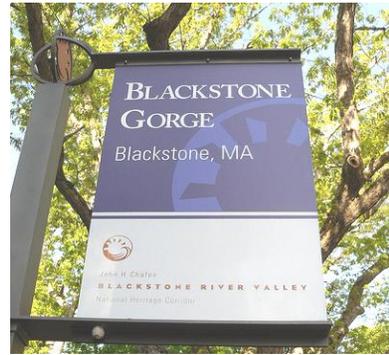
Saturday, June 29, 2019
9:30 a.m. – 12:30 p.m.

FINISH TIME: by 3:30 p.m.

REGISTRATION AND FEES: This event is **FREE** to those who wish to participate without receiving IVV Credit. Registration for IVV Credit is \$3.00. (Ask us about this achievement program!)

AWARD: This is a credit only event.

PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at checkpoints along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.



TRAIL DESCRIPTIONS: Both routes explore the Blackstone Gorge (pictured below) and are on paved paths with areas of natural terrain.



The 5km route explores a small section of the Blackstone Gorge as well as the village of Blackstone. On the way to the gorge, stop at the new Veterans' Memorial and find the bricks purchased to honor our POC's families' service (Harlow and Vail).

The 10km route is on part of the Southern New England Trunkline Trail (SNETT), the portion through Blackstone is called the Blackstone River Greenway. Other sights include the Blackstone River & Canal Heritage State Park, and the Blackstone Historical Museum.

The 10km & 5km routes have an AVA rating of 1A and are generally doable for strollers and wheelchairs. The routes are on paved surfaces with some areas on natural terrain.

EPICURIAN EXPLORER: Blackstone Eateries

As our start/finish does not serve food, you'll need to find nourishment elsewhere if you get hungry; you may get takeout and eat in the Walker's Pub if desired. POC Dawn Harlow highly recommends **Goodstuff Smokehouse**, on the walk route at 97 Main Street, whose enticing BBQ aromas fill the air. Their homemade kettle corn and root beer are also worth trying. Another tasty option is **Roast House Pub & Restaurant** at 3 Farm Street. Roast House offers a wide menu of homestyle food with friendly service.

AREA HISTORY: This region was first inhabited by the Nipmuc. Blackstone was settled by European immigrants in 1662 and was incorporated in 1845. The town was originally part of Mendon, Massachusetts before becoming a separate municipality. Blackstone is within the area of the John H. Chaffee Blackstone River Valley National Heritage Corridor of Massachusetts and Rhode Island.

The Blackstone River runs from Worcester, MA to Providence, RI. Its waters powered the Slater Mill in Pawtucket, RI, America's first successful cotton spinning mill. This creative spark began the nation's economic transformation from Farm to Factory. Today, the Blackstone River Valley is a special type of National Park—a living landscape containing thousands of natural and historic treasures.

Learn more: www.nps.gov/blac/index.htm

**More information on walk events
and Walk 'n Mass Volkssport Club at:**

www.walknmass.org
