

Footnotes

November 2016

www.walknmass.org

President's Corner by Mary Frink

You may or may not have heard by now that Margo Craven is retiring as club Co-President. I want to give her a HUGE THANK YOU! She has been my co-president/partner in crime for the last 4 years and she was already Co-President when I was elected. We made a good team. She likes doing the things I don't like and I like doing the things she doesn't like. It makes the job a lot easier when you have someone to talk to and work things out with. She always listened, even when I had crazy ideas. Her knowledge of the history of the club helped me immensely. She was always able to explain what was going on when I got lost in the unfamiliar names and situations. Thanks again Margo for everything you have done!

So...we are looking for a new Co-President! I promise that it's not as scary as it sounds, especially given the current presidential election. I am already the AVA contact, so that's not something you would have to take on. You would attend the board meetings and run every other one. You would write an article for *Footnotes* every other month. There is some outreach



Issue Highlights: AVA Achievements – 2 October Meeting Highlights – 3 Milford Reminder – 3 to people interested in hosting walks. There are also some financial reports to AVA that you would have to sign but that only happens a couple times a year. (My day job doesn't let me do that kind of thing.) You also help provide club leadership and support all the other board members with whatever they need. There is lots of collaboration so responsibilities do not sit with just one person.

If this sounds interesting but you're not sure you can commit, you could also consider being Vice President! The job pretty much is what it sounds. You take over for the President if they can't do something, like run the board meeting if the President can't make it. You attend the board meetings and help/ support the President. You would still sign the financial reports that go to AVA.

We need someone to do one or the other job. It's required according to our constitution. If you are interested or have any questions, you can email me at mfwalks2010@verizon.net or talk to me at the Milford walk!



Bulletin Board – 4 Tariffville Photos – 4 Walk Type Definitions – 5

Club Activities Calendar – 5 Walk Coordinator Speaks – 6 Lowell Pictures – 6

Come Friends, Let's Walk

- Saturday, Oct. 29 Day Event: Milford, MA Charles River Trail
- Sunday, Nov. 6 Group Walk: Newport, RI 11:30 am
- Saturday, Nov. 12 Guided Walk: Framingham, MA 11:30 am Marathon Challenge
- Saturday, Nov. 19 Group Walk/Parade: Plymouth, MA 10:30 am (see page 4)
- Saturday, Dec. 6 Day Event: Attleboro, MA Holiday Lights

See club or AVA website for starting location details on these events. For group or guided walks, please aim to arrive 15 minutes earlier to sign-in.



AVA Achievement Awards (compiled from American Wanderer)

Congratulations to the following people on their achievements as shown:

Name	Events	Distance
Nancy Estrella	10, 30	
Alida Lupsiewicz	30	
Philip Lupsiewicz	30	
Robert Marshall	150, 175	2,000 KM
Roy Damiani	400, 425	
Kathryn Piffat	475	
Dolores Vaz	550	
Patricia Damiani	700	7,500 KM
Marianne Marshall	700, 750, 800	
Chuck Lipson	800	8,000 KM
Chris Lipson	850	
Pam Medolo	1,700	17,000 and 18,000 KM

Did I overlook either your event or distance award? Please let me know so I can include it in the next issue of Footnotes.

> -Marianne Marshall, mrbwalker@verizon.net

President

Mary Frink, Everett 617-387-1577 mfwalks2010@verizon.net

Co-President/Vice President OPEN

Secretary Marianne Marshall, Waltham 781-899-5975 mrbwalker@verizon.net

Treasurer Karen Plichta, Fall River 508-673-2374 karenp53@verizon.net

Activities Chairperson Chris Lipson, Bedford 781-275-0464 c2lipson@msn.com

Email Contact Paul Graveline, Andover 978-470-1971 k1yub@comcast.net

Membership Chairperson Chuck Lipson, Bedford 781-275-0464 c2lipson@msn.com

Walk Coordinator Beate Hait, Holliston 508-429-3564

508-429-3564 beateh1@aol.com

Group Walk Coordinator Pat Damiani, Sagamore Beach 508-888-7366 pmdwalks@aol.com

Equipment Managers Keith & Dawn Harlow, Blackstone krhguy13@yahoo.com

Trail Master Ann Plichta, Fall River 508-673-6553 amplic@comcast.net

Assistant Trail Master Karen Kolaczyk, Marlborough 508-481-7389 kkolaczyk@comcast.net

Print Newsletter Circulation Ernie & Agnes Laviolette, Hudson 978-562-7023 ealavio@verizon.net

E-Newsletter Distribution Margo Craven, Attleboro magoo249@comcast.net

Newsletter Editor Monica Hait, Holliston footnotes.editor@gmail.com Publicity Chairperson Karen Kolaczyk, Marlborough 508-481-7389 kkolaczyk@comcast.net

Specialties Chairperson Beate Hait, Holliston 508-429-3564 beateh1@aol.com

Sunshine Coordinator Chris Lipson, Bedford 781-275-0464 c2lipson@msn.com

Historian Dawn Harlow, Blackstone dawnvt@yahoo.com

TAW Coordinator Verna DeVine, Attleboro 508-399-8512 vernadvn@yahoo.com

Volunteer Awards Marianne Marshall, Waltham 781-899-5975 mrbwalker@verizon.net

Facebook POC Jack Suchodolski, Cumberland suchodolskijack@yahoo.com

Webmaster Bill Howe, Chelmsford 978-256-7370 bill.howe@bvhowe.com

2

October Meeting Highlights

Meeting held Tuesday, October 4, 2016

Secretary's Report for September written by Karen Plichta accepted as presented

Treasurer's Report accepted as presented

Form to maintain WnM 501(c)(3) status submitted

December 6 meeting at St. Michael's will include trivia games along with appetizers and desserts provided by club officers

Post-holiday party to be held at St. Michael's in Bedford on **January 7** with menu of pizzas and salad

Ice Cream Parlor program has sold 41 books; WnM coupons may be used to purchase

Specialties: Limited space in Milford (Oct. 29) and Framingam (Nov. 12) but IVV books and specialty items will be available at both events.

Group Walks

- Newport, Sun., Nov. 6 @ 11:30 am
- Plymouth (parade), Sat., Nov. 19 @ 10:30 am Looking for ideas to accommodate slower walkers and 5km participants on group walks

by Marianne Marshall

Walk Coordinator

- Framingham will be a map-guided walk with sign-in from 11:15 to 11:45 am
- Walk locations suggested for 2017 include Lowell, Boston Special Places as a guided walk, Brookline, Hopkinton, Provincetown, possibly West Roxbury, and possibly Sudbury. Need a picnic walk in August/ September timeframe.

Representative from Johnny Appleseed Country (walks), Regional Tourism Council for North Central MA would like to sponsor a walk in 2017. Mary Frink to get details.

WnM election results: Mary Frink as President, Marianne Marshall as Secretary, and Karen Plichta as Treasurer unanimously reelected. Seeking either a Vice President or Co-President to fill the remaining vacancy.

Other club/regional/national topics

AVA October Checkpoint

- AVA seeking qualified volunteers to serve on the Publicity committee to develop a publicity/communications plan at a national level to get AVA known.
- Nominating Committee looking for AVA members to serve and assist candidates running for the positions of President, Vice President, Secretary, and Treasurer to understand the timelines and procedures as they seek office.
- Rooms at the Convention Center are booked.
 If interested in attending the 2017 Convention,
 advise AVA so they can try to get discounted group rate at a nearby hotel.





Milford Workers' Walk photos by Beate Hait

Reminder! Our Milford event is October 29, so come enjoy a lovely walk along the Charles River Rail Trail. The workers' walk gave a great preview of the route and POC Keith Harlow provided some lively personal & local history commentary.

Bulletin Board

If you are attending the **Plymouth group walk/Thanksgiving Parade** on Saturday, November 19 (group walk begins 10:30 am; sign in 10:15 am), please be aware parade street closures start early and we recommend the following driving directions.

Alternate Driving Directions to Plymouth Start / Finish:

- 1. Route 3 South to Exit 6B -- Route 44 East
- 2. Take 1st LEFT Westerly Road (before gas station) to end
- 3. RIGHT on Liberty Street
- 4. LEFT on Standish Avenue
- 5. RIGHT on Cherry Street
- 6. LEFT on Court Street -- Cordage Park on right

Newsletter Submissions to: footnotes.editor@gmail.com Deadline for next issue: Nov. 21st

Next Club Meetings Tuesday, Nov. 1

Tuesday, Dec. 6 6:30 pm

6:30 pm

Stop & Shop 40 Franklin Village Drive Franklin, MA 02038 Up the stairs past

Customer Service Desk

St. Michael's Parish Center 90 Concord Road (Rt. 62) Bedford, MA

Do you have a volksmarching travel story to share?

Send it to footnotes.editor@gmail.com for publication in a future edition of Footnotes.



photos by Monica Hait

Tariffville, CT

On Saturday, Oct. 22, our CVVC friends held a guided walk in Tariffville, CT. Through partnerships with the library

and the Tariffville Village Association, 30+ walkers enjoyed the 10km and 5km routes, despite the wet weather. Local guides from the TVA, John (10km) and Frank (5km) provided historic, economic, architectural, & geographic talks at various points along the routes.

Walk Type Definitions

by Monica Hait

Ever get confused by different event type classifications? If so, hopefully the following explanations will help clear things up.

Day Event: also referred to as a Traditional event, these events occur only on a specific date and have start and finish windows spanning several hours allowing you to arrive and complete the route during that timeframe. Day events typically have marked routes using ribbons or arrows, but may also offer a map or written directions.

Year-round Event (YRE): an event that is available all year. To participate, go to the start point when open and convenient for you, and ask for the Walk Box where you signin and retrieve route directions. Complete the event during daylight hours at your own pace.

Seasonal Event (SE): an event that is available for multiple months during the year. To participate, go to the start point when open and convenient to you, and ask for the Walk Box where you sign-in and retrieve route directions. Complete the event during daylight hours at your own pace. **Group Walk**: an opportunity to walk with others on a Year-round or Seasonal route at a designated date & time. When attending group walks, arrive 15 minutes prior to the stated time to allow time to sign-in.

Guided Walk: an event that takes place only on a specific date and that departs at a particular time. Guided walks come in a few varieties, there could be local guides, volunteer guides, or map-guided routes. When attending guided walks, arrive 15 minutes prior to the walk time to allow time to sign-in.

Workers' Walk: an opportunity for volunteers of an upcoming Day Event to enjoy the route in advance and help the POC check written directions for clarity.

Activities Calendar

DECEMBER 6th MEETING

The monthly meeting at St. Michael's in Bedford will also be a time to welcome the holidays. Please join us for light snacks, fun, friendships, and games!

ANNUAL HOLIDAY PARTY & REGIFTING SWAP

Please plan on attending our annual After-Holiday Party on the 7th of January 2017 at St. Michael's parish hall in Bedford. This is a Saturday and the start time for the festivities is 11:30 am. All are welcomed to attend the general business meeting at 9:30 am. The club will be providing the food, drinks, and paper goods. If you would like to participate in the

by Chris Lipson

regifting swap, please bring a wrapped gift. Have something you received but can't use? Then participate in the regifting swap and maybe you'll find yourself with another treasure. If you are planning to attend, please inform me at c2lipson@msn.com or 781-275-0464 so that enough food will be ordered. Desserts are welcomed!



Paae

Walk Coordinator Speaks

Lowell, MA in Review – On a gently rainy Saturday, Co-POCs David Byers (National Park Ranger) and Ernie and Agnes Laviolette were delighted to welcome 54 participants to this one-day event that started in the courtyard of the Boott Cotton Mill. Canopies erected by the National Park Service provided protection from the rain to those members staffing the Start/Finish and Checkpoints. Despite the rain, walkers expressed delight at the 10km and 5km routes planned by Ranger Byers, who has suggested offering these routes again next year with the hope of better weather on the date selected.

We thank the following for helping with staffing this event: Volks Car Runners: Andy Pearson, Andrew Donovan, Janet Bersani, Trail Marking: Miriam Boucher, Joanne Izbicki, John Christiansen, Janet Razulis, Jan and Bob Varnon, Jack and Ellen Fernandes; Start: Agnes and Ernie Laviolette, Verna DeVine; Finish: Chris and Robert Knight, Linda and Jim Lunt; Checkpoints: Walter and Ginnie Stowell, Barbara and Joe Piffat, Chris and Chuck Lipson, Monica Hait; Specialties: Beate Hait, Monica Hait, Joanne Izbicki, Nancy Estrella; Trail Takedown: Margo Craven, Joanne Izbicki, Ann Plichta, Karen Plichta, Dawn & Keith Harlow.

by Beate Hait

Framingham Map-guided Walk on Saturday, November 12 – This event starts and ends at Jack's Abby Brewery and Beer Hall with registration between 11:15 and 11:45 am. As usual with any volkswalk event, participants are encouraged to walk at their own pace. With the short start window, we anticipate folks going out in groups or at least walking within sight of one another. The first 5km loop heads along the Boston Marathon Route into Natick - which qualifies this event for both Framingham and Natick on the club's Marathon Challenge. The second loop completes the 11km route by going in the opposite direction through the newly renovated Framingham downtown area and passes Cushing Park and Farm Pond before returning to the Marathon route and finishing at Jack's Abby – with the option of staying for lunch and perhaps sampling the craft beers on tap! Learn more about their offerings at http://jacksabby.com

Left: the Start/Finish tent was nicely positioned at the Boott Cotton Mills

Center: Ranger Dave Byers returns from checking in with the "Volks Car" staffed by fellow NPS Rangers

Right: Tents were busy providing shelter during check-ins at the Start and Finish tables



photos by Beate Hait

Lowell Pictures:

